

You're invited to join a caregiver support group in your community and talk with others who are experiencing the challenges of Alzheimer's disease firsthand. All groups offer support, education, problem solving and guest speakers.

Specialized groups have a descriptive title. All groups meet monthly and are confidential, free, and open to the public. Please call the chapter office nearest you at 800.272.3900 to confirm meeting date and location.

If you need assistance finding someone to stay with your relative while you attend a support group meeting, call 800.272.3900 for a directory of Respite and Home Care providers in your area.

Cancellation policy: If adult education classes have been cancelled due to dangerous weather conditions, the support group will be cancelled.

**FREMONT**            **1<sup>st</sup> Monday, 6:30-8:00 pm**  
Gerber Hospital  
Emerald Lake Room  
(Use Emergency Entrance)  
212 S. Sullivan

**HART**                **3<sup>rd</sup> Thursday, 4:00 – 5:00 pm**  
Oceana County Medical Care Facility  
Second Floor conference room  
(Enter main facility-take elevator)  
701 E. Main

**LUDINGTON**       **2<sup>nd</sup> Thursday, 1:00 – 2:30 pm**  
Mason County District Library  
Zonta Room  
217 E. Ludington Avenue

**MUSKEGON**        **1<sup>st</sup> Thursday, 7:00 – 8:30 pm**  
Lake Woods Nursing Rehabilitation Center  
1684 Vulcan  
**NEW LOCATION: Activity/Dining Room off the  
Administration Lobby (where the three story  
building meets the one story building)**

Ongoing Community Caregiver Support Group: Non-Affiliated Alzheimer's Association

MUSKEGON: Tanglewood Park | Thursdays | 5:30 – 6:30 PM | Ask for Kim

NORTH OTTAWA: Spring Lake Village Hall | Thursdays | 11:00 AM | Call Jim at 616-402-8042

HOLLAND: Evergreen Commons | 1st Monday @ 6:30 PM and 2nd Tuesday @ 12:30 PM | Call Gloria at 616-355-5153

**If you have any questions regarding our community support groups,  
please call our 24/7 Helpline at 800.272.3900**