

You're invited to join a caregiver support group in your community and talk with others who are experiencing the challenges of Alzheimer's disease firsthand. All groups offer support, education, problem solving and guest speakers.

Specialized groups have a descriptive title. All groups meet monthly and are confidential, free, and open to the public. Please call the chapter office nearest you at 1.800.272.3900 to confirm meeting date and location.

If you need assistance finding someone to stay with your relative while you attend a support group meeting, call 1.800.272.3900 for a directory of Respite and Home Care providers in your area.

Cancellation policy: If adult education classes have been canceled due to dangerous weather conditions, the support group will be canceled.

**BATTLE CREEK** **3rd Wednesday, 2:30 - 4:00 pm**  
Burnham Brook Center  
200 W. Michigan

**BATTLE CREEK** **2nd Wednesday, 6:00 - 7:30 pm**  
Bickford Cottage  
3432 Capital Ave SW

**COLDWATER** **1st Monday, 3:00 - 4:30 pm**  
Pines Senior Respite Service  
H & C Burnside Senior Center  
65 Grahl Drive  
Respite care available -  
Call ahead 269.279.8847

**KALAMAZOO** **Early Stage Group**  
Please call 1.800.272.3900  
for more information

**KALAMAZOO** **3rd Wednesday, 1:30 - 3:00 pm**  
The Fountains  
1700 Bronson Way

**KALAMAZOO** **1st Tuesday, 1:00 - 2:30pm**  
Fourth Reformed Church  
6339 Atlantic

**KALAMAZOO** **2nd Saturday, 10:00 - 11:30 am**  
Mountain Top Club  
616 Cherokee  
Respite care available -  
Call ahead 269.343.2225

**PORTAGE** **3rd Tuesday, 7:00 - 8:00 pm**  
Portage Senior Center  
320 Library Lane

**SOUTH HAVEN** **2nd Wednesday, 7:30 - 8:30 pm**  
220 Broadway  
South Haven Area Senior Services  
Warren Senior Center

**STEVENSVILLE** **1st Tuesday, 7:00 - 8:30 pm**  
Lincoln Township Public Library  
2099 W. John Beers Rd

**If you have any questions regarding our community support groups, please call 1-800-272-3900.**

Michigan Great Lakes Chapter, South West Region  
2300 Portage St, Suite 341, Kalamazoo, MI 49001  
Phone: 269.342.1482

For more information and additional programs, visit [www.alz.org/mglc](http://www.alz.org/mglc) or call our 24/7 Helpline 1.800.272.3900