

You're invited to join a caregiver support group in your community and talk with others who are experiencing the challenges of Alzheimer's disease firsthand. All groups offer support, education, problem solving and guest speakers.

Specialized groups have a descriptive title. All groups meet monthly and are confidential, free, and open to the public. Please call the chapter office nearest you at 1.800.272.3900 to confirm meeting date and location.

If you need assistance finding someone to stay with your relative while you attend a support group meeting, call 1.800.272.3900 for a directory of Respite and Home Care providers in your area.

Cancellation policy: If adult education classes have been cancelled due to dangerous weather conditions, the support group will be cancelled.

EAST LANSING

3rd Wednesday (3:00 - 4:30 pm)
Burcham Hills Retirement Community
2700 Burcham Drive
Respite care available - call 517.827.1046
CANCELLED FOR THE SUMMER

EATON RAPIDS

2nd Tuesday (6:30 - 8:00 pm)
Eaton Rapids Senior Center
201 Grand Street

HASTINGS

3rd Thursday (3:30 - 5:00 pm)
Barry County Commission on Aging
320 W. Woodlawn Avenue
Respite care available - call 269.948.4856

HOLT

2nd Monday (6:00 - 7:00 pm)
Holt Senior Care & Rehab Center
5091 Willoughby Road
Respite care available - call 517.694.2144

OKEMOS

1st Thursday (7:00 - 8:30 pm)
Ingham County Medical Care Facility
3860 Dobie Road

2nd Thursday (12:30 - 1:30 PM)
Meridian Senior Center
4000 Okemos Road

LANSING

2nd Tuesday (1:00 - 2:30 pm)
Grandhaven Living Center
3145 W. Mt. Hope Avenue
Respite care available - call 517.485.5966

The Memory Loss Tapes: *A documentary that captures the devastating experience of memory loss from the point of view of the person with the disease. Bringing viewers into the quiet world of seven patients, each in an advancing state of dementia and ranging across the full spectrum of Alzheimer's, the film bears witness to what it's like to slowly lose one's mind. The moving stories bring viewers face-to-face with the tragedy of lost identity, chronicling the disease through the course of its irreversible decline.*

This series will continue monthly through January, 2011

2nd Wednesday (1:00 - 3:00 pm)
Plymouth Congregational Church
2001 E. Grand River

3rd Wednesday (10:00 am - 12:00 pm)
Male Caregiver Discussion Group
Plymouth Congregational Church
2001 E. Grand River

4th Thursday (5:30 - 7:00 pm)
Ingham Regional Assisted Living
6429 Earlington Lane (Delta Township)

If you have any questions regarding our community support groups, please call 1-800-272-3900.