

You're invited to join a caregiver support group in your community and talk with others who are experiencing the challenges of Alzheimer's disease firsthand. All groups offer support, education, problem solving and guest speakers.

Specialized groups have a descriptive title. All groups meet monthly and are confidential, free, and open to the public. Please call the chapter office nearest you at 1.800.272.3900 to confirm meeting date and location.

If you need assistance finding someone to stay with your relative while you attend a support group meeting, call 1.800.272.3900 for a directory of Respite and Home Care providers in your area.

Cancellation policy: If adult education classes have been canceled due to dangerous weather conditions, the support group will be canceled.

EAST LANSING

3rd Wednesday (3:00 - 4:30 pm)
Burcham Hills Retirement Community
2700 Burcham Drive
Respite care available - call 517.827.1046

4th Tuesday (1:00 - 2:00 pm)
(12:00 - 1:00 pm HBO - Grandpa, Do You Know Who I Am?)
Home Instead Senior Care
1760 E. Grand River Ave.

EATON RAPIDS

2nd Tuesday (6:30 - 8:00 pm)
Eaton Rapids Senior Center
201 Grand Street

GRAND LEDGE

2nd Wednesday (1:00 - 2:30 pm)
Independence Village of Grand Ledge
4775 Village Drive

HASTINGS

3rd Thursday (3:30 - 5:00 pm)
Barry County Commission on Aging
320 W. Woodlawn Avenue
Respite care available - call 269.948.4856

HOLT

2nd Monday (6:30 - 8:00 pm)
Holt Senior Care & Rehab Center
5091 Willoughby Road
Respite care available - call 517.694.2144

LANSING

2nd Tuesday (1:00 - 2:30 pm)
Grandhaven Living Center
3145 W. Mt. Hope Avenue
Respite care available - call 517.485.5966

2nd Wednesday (1:00 - 3:00 pm)
Plymouth Congregational Church
2001 E. Grand River

3rd Wednesday (10:00 am - 12:00 pm)
Male Caregiver Discussion Group
Plymouth Congregational Church
2001 E. Grand River

4th Thursday 5:30 - 7:00 pm
(5:30 - 6:30 PM ~ Maintain Your Brain)
Ingham Regional Assisted Living
6429 Earlington Lane (Delta Township)

OKEMOS

1st Thursday (7:00 - 8:30 pm)
Ingham County Medical Care Facility
3860 Dobie Road

ST. JOHNS

1st Monday (7:00 - 8:30 pm)
Pilgrim United Methodist Church
2965 W. Parks Street

3rd Wednesday
6:00 - 7:30 pm
Grace Haven Assisted Living
1507 Glastonbury Drive
Respite care available - call 989.224.1650

If you have any questions regarding our community support groups, please call 1-800-272-3900.