

You're invited to join a caregiver support group in your community and talk with others who are experiencing the challenges of Alzheimer's disease firsthand. All groups offer support, education, problem solving and guest speakers.

Specialized groups have a descriptive title. All groups meet monthly and are confidential, free, and open to the public. Please call the chapter office nearest you at 1.800.272.3900 to confirm meeting date and location.

If you need assistance finding someone to stay with your relative while you attend a support group meeting, call 1.800.272.3900 for a directory of Respite and Home Care providers in your area.

Cancellation policy: If adult education classes have been cancelled due to dangerous weather conditions, the support group will be cancelled.

EAST LANSING

3rd Friday (1:30 - 2:30 pm)
Burcham Hills Retirement Community
Second Floor Private Dining Room
2700 Burcham Drive
Respite care available - call 517.827.1046

EATON RAPIDS

2nd Tuesday (6:30 - 8:00 pm)
Eaton Rapids Senior Center
201 Grand Street

HASTINGS

3rd Thursday (3:30 - 5:00 pm)
Barry County Commission on Aging
320 W. Woodlawn Avenue
Respite care available - call 269.948.4856

HOLT

2nd Monday (6:00 - 7:00 pm)
Holt Senior Care & Rehab Center
5091 Willoughby Road
Respite care available - call 517.694.2144

OKEMOS

1st Thursday (7:00 - 8:30 pm)
Ingham County Medical Care Facility
3960 Dobie Rd.

GRAND LEDGE—coming soon

LANSING

2nd Wednesday (1:00 - 3:00 pm)
Plymouth Congregational Church
2001 E. Grand River

3rd Wednesday (10:00 am - 12:00 pm)
Male Caregiver Discussion Group
Plymouth Congregational Church
2001 E. Grand River

4th Thursday (6:00 – 7:30 pm)
Ingham Regional Assisted Living
6429 Earlington Lane (Delta Township)

ST. JOHNS

1st Monday (7:00 – 8:30 pm)
Pilgrim United Methodist Church
2965 W. Parks Rd.

CHARLOTTE

3rd Thursday (6:30-8:30 pm)
City Hall Community Room (1st floor—enter from
back parking lot)
111 East Lawrence Ave.

MASON

3rd Monday (5:30-7:30pm)
First United Methodist of Mason
201 Ash Street

If you have any questions regarding our community support groups, please call 1-800-272-3900.

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Michigan Great Lakes Chapter, Capital Area Region
5303 S. Cedar St., Bldg. 1, Lansing , MI 48911

For more information and additional programs, visit www.alz.org/mglc or call our 24/7 Helpline 1.800.272.3900